

FINANCIAL EDUCATION FOR RESIDENCY & FELLOWSHIP PROGRAMS

Helping Residents & Fellows Take Control of Their Financial Future

At **Aether Financial Group**, we believe financial education is essential for physicians in training. Many residents, fellows, and even attendings tell us they feel unprepared to manage their finances—especially as they transition to attending roles where financial stakes rise significantly.

This period is a critical opportunity to establish strong financial habits that position you for success while allowing you to responsibly enjoy your hard-earned income. Our goal is to provide residents and fellows with the **knowledge and confidence** to make informed financial decisions, setting the stage for long-term financial well-being.

How We Work with Residency & Fellowship Programs

We partner with programs to deliver **interactive, discussion-based financial sessions** that address real concerns physicians have about their finances. These sessions are purely educational, engaging, and tailored to each group's needs.

Core Program Structure:

We typically offer **one to two sessions per year**, either in person or virtually, where residents and fellows can ask questions and get guidance on their most pressing financial concerns.

For programs seeking **deeper financial education**, we offer **specialized sessions** covering:

- △ **Student Loans** – PSLF, SAVE plan, refinancing vs. loan forgiveness strategies
- △ **Saving & Investing for Retirement** – 401(k), Roth IRA, investment strategies for physicians
- △ **Taxes & Tax Strategy** – Tax brackets, tax-efficient investing, and retirement tax planning
- △ **The Financial Waterfall** – How to prioritize saving and investing with limited income
- △ **Risk Management & Insurance** – The importance of disability, life, and liability coverage
- △ **Transitioning to Attending** – Contract pitfalls, W-2 vs. 1099, and avoiding lifestyle creep

Our Approach to Financial Education

We make financial topics **engaging, practical, and relevant** to the realities of medical training.

- △ **Discussion-Based** – Interactive conversations and real-world examples, not just slideshows.
- △ **Customized to Your Residents & Fellows** – Tailored sessions based on the specific needs of your program.
- △ **Unbiased & Sales-Free** – Our priority is education and clarity, not selling services.

Bring Financial Education to Your Program

If you'd like to schedule a session for your residency or fellowship program, we'd love to collaborate. Whether it's a single session or a structured financial education series, we can tailor a program that fits your needs.

Get in touch with us today to explore how we can support your residents and fellows with clear, actionable financial guidance.



The information provided in this document is for informational purposes only and should not be considered as financial advice. Individual situations vary, and the strategies mentioned may not be suitable for everyone. Neither the information presented, nor any opinion expressed, constitutes a solicitation for the purchase or sale of any specific security. Aether Financial Group LLC does not provide tax, legal, or accounting advice. Please consult your own tax, legal, or accounting professional before making any decisions.

Matthew Pisera is a Financial Adviser offering investment advisory services through Eagle Strategies LLC, a Registered Investment Adviser and a Registered Representative offering securities through NYLIFE Securities LLC (member FINRA/SIPC), A Licensed Insurance Agency. Agent, New York Life Insurance Company. 147 E. Lyman Ave, Suite E, Winter Park, FL 32789 - 407-999-0300. Eagle Strategies and NYLIFE Securities are New York Life Companies. Aether Financial Group LLC is not owned or operated by NYLIFE Securities LLC or its affiliates.

A Licensed Insurance Agency. Agent, New York Life Insurance Company. 147 E. Lyman Ave, Suite E, Winter Park, FL 32789 - 407-999-0300 Eagle Strategies and NYLIFE Securities are New York Life Companies. Aether Financial Group LLC is not owned or operated by NYLIFE Securities LLC or its affiliates